

BEING RACHEL

(60 Minute Documentary Film, 2018)

Being Rachel is a Montreal-made, hour-long, award-winning documentary about youth with developmental disabilities (including autism), who struggle to put on a play about their lives.

The film presents an opportunity to learn about the inner life of youth whom society has marginalized. The film intersects with the following areas of education/development:

- Disability awareness
- Autism
- Youth self-advocacy
- Youth self-identity
- Documentary theatre
- Social issues theatre
- Creative arts and confidence
- Alternative education



Synopsis:

When the teacher of a group of students with development disabilities decides to put on a play that is closely based on their own lives, more than just the play begins to emerge. For many of the youth, participating in such a challenging and ambitious project helps them emerge from the stereotypes they face every day. A hopeful film that shows how acting can reveal our own inner struggles and yet give many a key to their hidden strengths.

Festivals:

Winner - Best Documentary - 2018 Respect Human Rights Film Festival, Belfast
Winner - Best Director - 2018 Great Message Film Festival, India
Selection – 2018 New West Film Festival, Vancouver
Selection – 2018 Over-The-Rhine Film Festival, Cincinnati
Official Selection – 2018 Reelabilities Toronto Film Festival, Toronto

For Screening Information, please contact Jesse Heffring at:

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