



Summit Centre for Education, Research, and Training Conference 2019 Speaker Details



Isabelle Hénault, PhD

Director of the Autism & Asperger's Clinic at Montreal
Sexologist and Psychologist from the University of Québec at Montréal,
Canada.

Bio

Dr. Isabelle Hénault's practice and studies have focused on providing diagnosis, education and support to children, adolescents, adults and couples living with Autism and Asperger's Syndrome. Dr. Hénault has developed a relationship and sex education program and works with individuals and groups to increase their understanding of sexuality, and conducts relationship counselling. She is presently collaborating on numerous international research initiatives involving socio-sexual education and interpersonal relationships. She worked for over 2 years and a half at Tony Attwood's clinic in Australia. Dr. Hénault is the author of *Asperger's Syndrome and Sexuality: From Adolescence through Adulthood*, published by Jessica Kingsley Publisher, London (2005) and co-author of *The Autism Spectrum, Sexuality and the Law* (Attwood, Hénault & Dubin) published by Jessica Kingsley Publisher, London (2014). She co-wrote the book *Êtes-vous une Asperger qui s'ignore ? Le profil Aspie au féminin* (Hénault & Martin) on the female profile of ASD at Leduc Editions/Albin Michel editors in Paris (2019).

Breakout Session

[Healthy Sexuality: Adaptive Skills for students with ASD](#)

The last numbers of years have seen rapid development in interventions related to Asperger's Syndrome (AS) & ASD. However, programs incorporating themes related to interpersonal relationships and healthy sexuality are very few in number despite the pressing concerns of families and professionals. This presentation concerns the understanding of the sexual development and learning of appropriate sexual behaviours for students with ASD/ Asperger's Syndrome. The goal is to check how much intensive sex education could replace problem sexual behaviours by new behaviours that enhance social adaptation.



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Learning Objectives

- Identify social, developmental, and environmental factors influencing sexual development of ASD individuals;
- Revise sex education programs.
- Promote intervention using adapted material.